The Alexander Street Press’s *Counseling and Therapy in Video* will support research in disciplines such as social work, psychology and mental health. Through these videos, researchers can experience professional presentations which demonstrate therapeutic methods on topics such as family relationships, addictions, career counseling or partner abuse. Transcripts accompany each video and PDFs of teaching and discussion guides are available.

**Access to the videos**

1. Start by opening a browser to the Grace Library home page [www.carlow.edu/library](http://www.carlow.edu/library)
2. Under the section called *Find Articles/Search Databases* click the link called *Find Online Streaming Videos*.
3. The link to *Counseling and Therapy in Video* can be found under the section *Psychology, Professional Counseling, Social Work, Sociology*.

Content of *Counseling and Therapy in Video* are available through Grace Library’s Online Catalog.

**Searching the Counseling and Therapy in Video**

This is the main page where you will begin your search. Start by either typing a keyword in the search box, or selecting Subject, Themes, Therapist, Therapy Type, Title or Transcripts from the drop down menu and clicking on *Go*. You will then have a result list to sort through. Or, you may start by browsing through the navigation bar on the left side of the screen.

![Welcome to Counseling and Therapy in Video](image)
The Results List

Each item returned in the results list will have the title of the video accompanied by a thumbnail, then the series in which this video belongs. In the example below, the name of the video is *Emotionally Focused Couples Therapy* and it is a part of a collection called *Couples Therapy with the Experts*. The running time is also listed. To view the video or find additional information, click on its title.

If you are not satisfied with your results, click on either Advanced Search or Refine your search which will take you to a form that offers greater precision when formulating your search.

When using the Advanced Search form you do not have to fill out every field. Only one or two is sufficient. Rather than thinking of search terms on your own, use the Select Terms link, which allows you to select one or more terms from a list.
**Viewing a Video**

The video will begin playing if you click on the white arrow in the middle of the screen.

- Above the video is the timeline you can use to move forward or backward on the track.
- Each video is accompanied by a transcript, clips that parse out important parts of the video, and an abstract that summarizes all of the content into one paragraph.
- The search box above your video screen allows you to search through the transcript and get to a specific part of the video discussing your keyword. Note that above the search box there are some other resources on the same topic: a teaching guide, a printable transcript, thumbnails of the images in the video, a permanent link and script to embed the video in HTML, and a way to print the screen as it is presently being viewed.

**Technical Specifications**

*Counseling and Therapy in Video* requires Adobe Flash Player 9 or higher, which is available for free from the Adobe web site, [http://www.adobe.com](http://www.adobe.com). This product is optimized to operate with Microsoft Internet Explorer 7.0 or higher, and Firefox 3.0 or higher.

**Accessing Counseling and Therapy in Video from Outside the Carlow Network**

If you would like to access *Counseling and Therapy in Video* from a computer that is not connected to the Carlow network, connect to [www.carlow.edu/library](http://www.carlow.edu/library) and click on the Off Campus Access link that is located in the right hand menu on the homepage. Log into the system using your Active Directory username and password (the same username and password that you use to log into lab computers). Additional instructions are available on the off campus web page to help you access library databases from off campus.

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Questions? Contact Grace Library
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